WILDERNESS

FOUNDATION UK

Leave No Trace Training

... with Myles Farnbank

"As increasing numbers of people seek the beauty and exhilaration of outdoor recreation, our collective mark on the environment and its natural processes, increases. Litter, disturbance to vegetation, water pollution, wildlife, livestock and other people are all indicators of the need to develop a national ethic that protects both natural and cultural heritage. Techniques designed to minimise the social and environmental impacts to these areas are incorporated into the Leave No Trace Outdoor Ethic."

- Leave No Trace, Ireland

Certified one day Leave No Trace Awareness Training

12 September 2018, 9.00am—5.00pm

Cost: £80 per person

Certified two day Train the Trainer Programme
13 and 14 September 2018
Cost: £200 per person (including overnight camping)

Venue: Wilderness Foundation UK, Whitbreads Farm Lane, Chatham Green, Chelmsford CM3 3FE

> For bookings or more information: Email: info@wildernessfoundation.org.uk Tel: 0300 1233073



The 1 day Awareness Course

Suitable for any experience level. Takes place mainly indoors with some outside practical sessions.

The course covers the 7 principles of Leave No Trace:

- Plan ahead and prepare
- Travel and camp on durable ground
- Dispose of waste properly
- Leave it as you find it
- Minimise the impact of fires
- Respect farm animals and wildlife
- Be considerate of others

The 2 day Train the Trainer Course

The trainers course is a two day programme recognised by the Leave No Trace Centre for Outdoor Ethics. The practical course gives recognised Leave No Trace Trainer status to successful participants.

The course equips participants to:

- Understand, demonstrate and teach state of the art minimum impact techniques for a variety of groups
- Lead a discussion on outdoor ethics and help others to explore their own personal outdoor ethic.
- ❖ Look at a variety of teaching topics, styles and session ideas which are aimed at all potential countryside users, from children to proficient mountaineers and paddlers. It covers a range of varied good practices to suit the wide spectrum of ways we interact with the outdoor environment.

In addition the course will cover:

- The role and function of an LNT trainer.
- The principles and ethics of Leave No Trace
- Teaching skills and techniques and student learning styles
- Overview of Master Educator Courses

Camping equipment can be provided upon request. Snack and drinks will be provided while participants bring their own food.